



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">ARROYO GARDENS INDEPENDENT ASSISTED LIVING</p>			1	2	3	4
			9:00 Exercise (FC) 9:30 Manicures 10:00 Catholic Communion (RK) 1:00 Aqua Fitness (P) 3:00 Cheese and Wine (A) Happy Birthday! Joan Correll 	9:00 Exercise (FC) 10:00 Walmart outing 11:30 Craft Hour- Craft Hour- Mug, coloring with Catalina Hospice (A) 2:00 Bingo (A) 3:00 Mexican Train (GR)	9:00 Exercise (FC) 9:30 Aqua Fitness (P) 11:00 Lunch outing, First watch 1:00 Garbage Card Game 3:00 Karaoke, Margarita Social (A) Good Friday! Happy Birthday! Robert Connelly	9:00 Sit and Be Fit (FC) 10:00 Coffee and cookies, Back Patio(A) 11:30 Craft Hour, Easter Theme Bags (A) 1:00 Bingo(A) 2:00 Manicures 3:00 Garbage Card Game (GR)
5	6	7	8	9	10	11
8:30 Church Shuttle 9:00 Walks Around the Building 10:00 Virtual Mass with Father Mike Schmitz (A) 12:00 Easter Sunday Brunch(D) 2:00 Exercise Class (A) 3:00 Farkle (GR) 	9:00 Exercise (FC) 9:30 Aqua Fitness (P) 11:00 Tai Chi with Sonia (A) 1:00 Movie Theater, Sleepless in Seattle (MT) 1:30 Shopping Assistance 3:00 Tech Support (A)	9:00 Exercise (FC) 10:00 Safeway on Continental 11:00 Netflix Nature Hour (MT) 1:00 Rummikub (GR) 2:00 Bingo with Blue Rose Legacy(A) 3:00 Book Club (A)	9:00 Exercise (FC) 9:30 Aqua Fitness(P) 10:00 Catholic Communion (RK) 12:00 Healthy Hearing, Strong Memory (MT) 1:00 Manicures 3:00 Cheese and Wine (A)	9:00 Exercise (FC) 10:00 Walmart outing 11:30 Craft Hour- Craft Hour- Easter Mason Jars (A) 2:00 Bingo (A) 3:00 Mexican Train (GR)	9:00 Exercise (FC) 9:30 Aqua Fitness (P) 11:00 Outing, Top golf 1:00 Garbage Card Game 3:00 Happy Hour with Mike F.(A)	9:00 Sit and Be Fit (FC) 10:00 Coffee and cookies, Back Patio(A) 11:30 Craft Hour, Puffy Paint Easter Egg (A) 1:00 Bingo(A) 2:00 Manicures 3:00 Garbage Card Game (GR)
12	13	14	15	16	17	18
8:30 Church Shuttle 9:00 Walks Around the Building 10:00 Virtual Mass with Father Mike Schmitz (A) 11:00 Strawberry Mimosa, Social (A) 1:00 Exercise Class (A) 3:00 Farkle (GR)	9:00 Exercise (FC) 9:30 Aqua Fitness (P) 11:00 Wii Bowling(A) 1:00 Movie Theater, Song Sung Blue (MT) 1:30 Shopping Assistance 3:00 Tech Support (A)	9:00 Exercise (FC) 10:00 Safeway on Continental 11:00 Netflix Nature Hour (MT) 1:00 Rummikub (GR) 2:00 Bingo 3:00 Book Club (A)	9:00 Exercise (FC) 9:30 Aqua Fitness(P) 10:00 Catholic Communion (RK) 1:00 Manicures 3:00 Cheese and Wine (A) Tax Day	9:00 Exercise (FC) 10:00 Walmart outing 10:30 Hydration Presentation with Mary Jane (A) 11:00 Falls Talk (D) 11:30 Craft Hour- Craft Hour- Rock painting with Scan (A) 2:00 Bingo (A) 3:00 Mexican Train (GR) Happy Birthday! Margery Swim	9:00 Exercise (FC) 9:30 Aqua Fitness (P) 11:00 Walks around the building 1:00 Garbage Card Game 3:00 Tropical Trivia, Margarita Social (A) 4:00 Dinner Outing, Pub 1922 Happy Birthday! Judith Connelly	9:00 Sit and Be Fit (FC) 10:00 Coffee and cookies, Back Patio(A) 11:30 Craft Hour, Banksy painting (A) 1:00 Bingo(A) 2:00 Manicures 3:00 Garbage Card Game (GR)
19	20	21	22	23	24	25
8:30 Church Shuttle 9:00 Walks Around the Building 10:00 Virtual Mass with Father Mike Schmitz (A) 11:00 Strawberry Mimosa, Social (A) 1:00 Exercise Class (A) 3:00 Farkle (GR)	9:00 Exercise (FC) 9:30 Aqua Fitness (P) 11:00 National Upside-Down cup cake, making with Scan (RK) 1:00 Movie Theater, Superman 1:30 Shopping Assistance 3:00 Tech Support (A)	9:00 Exercise (FC) 10:00 Safeway on Continental 11:00 Netflix Nature Hour (MT) 1:00 Rummikub (GR) 2:00 Bingo 3:00 Book Club (A) Happy Birthday! Charlene MacRitchie	9:00 Exercise (FC) 9:30 Aqua Fitness(P) 10:00 Catholic Communion (RK) 1:00 Manicures 3:00 Cheese and Wine (A) Earth Day	9:00 Exercise (FC) 10:00 Walmart outing 11:30 Craft Hour- Craft Hour- Braided Leather Essential Oil Diffuser Bracelets with Catalina Hospice (A) 2:00 Bingo (A) 3:00 Mexican Train (GR)	9:00 Exercise (FC) 9:30 Aqua Fitness (P) 11:00 Lunch Outing, La Frida Mexican Grill & Seafood 2:00 Meditation Time (A) 3:00 Bingo, Margarita Social (A)	9:00 Sit and Be Fit (FC) 10:00 Coffee and cookies, Back Patio(A) 11:30 Craft Hour, String Pulling painting (A) 1:00 Bingo(A) 2:00 Manicures 3:00 Garbage Card Game (GR) Happy Birthday! Patricia Soukup
26	27	28	29	30		
8:30 Church Shuttle 9:00 Walks Around the Building 10:00 Virtual Mass with Father Mike Schmitz (A) 11:00 Strawberry Mimosa, Social(A) 1:00 Exercise Class (A) 3:00 Farkle (GR) Happy Birthday! Karen Curtis	9:00 Exercise (FC) 9:30 Aqua Fitness (P) 11:00 Wii Bowling(A) 1:00 Movie Theater, Fried Green Tomatoes (MT) 1:30 Shopping Assistance 3:00 Tech Support (A)	9:00 Exercise (FC) 10:00 Safeway on Continental 11:00 Netflix Nature Hour (MT) 1:00 Rummikub (GR) 2:00 Bingo 3:00 Book Club (A) Super Hero Day	9:00 Exercise (FC) 9:30 Aqua Fitness(P) 10:00 Catholic Communion (RK) 11:30 Cooking Demo with Barbara 1:00 Manicures 3:00 Cheese and Wine (A)	9:00 Exercise (FC) 10:00 Walmart outing 11:30 National Tie Dye Day, making with Catalina Hospice (A) 2:00 Bingo (A) 3:00 Mexican Train (GR)		

Activities are subject to change.